

Blueprint for the International Gong Symposium

Sound and vibration in health and cultural education

1. Goal and guidelines

The International GONG Symposium offers an interdisciplinary platform for experts from the fields of education, therapy, science and art who are involved in the use of sound - especially gongs and singing bowls - in adult, cultural and health education. Aims of the symposium:

- Interdisciplinary exchange: Promotion of professional dialogue on the effect of sound on cognitive and emotional processes.
- International networking: Establishing and strengthening transnational cooperation through regular meetings.
- Dissemination of sustainable teaching methods: Further development and teaching of innovative, practical concepts in sound education.
- Addressing a diverse and inclusive audience: involving participants from a wide range of cultural backgrounds, age groups and experience levels.

Recommendation: An annually changing location in cooperation with local partners maximises the reach and promotes local networking.

2. Event formats

In order to a broad audience, the symposium includes the following formats:

A) Lectures and panel discussions

- Scientific contributions: Presentation of current research findings on the effect of sound on cognitive and emotional processes.
- Sound pedagogy in different settings: field reports from schools, therapeutic centres and adult education.
- Interdisciplinary discussions: Expert panels in which practical challenges and innovative solutions are discussed.

B) Interactive workshops

- Introduction to sound techniques: Practical workshops on the use of gongs and singing bowls in teaching and therapy processes.
- Integration in the health sector: Special sessions for the use of sound with neurodiverse people.
- Innovative methods: Working groups for trialling interdisciplinary approaches and adapting them to specific needs.

C) Sound performances and demonstrations

- Live sound sessions: Practical demonstrations in which participants can directly experience various gong techniques.
- Public Multi-Gong Session: A collaborative, public event that emphasises the collective impact of sound.

D) Networking opportunities

- Exchange formats: Special sessions for dialogue between educators, therapists, researchers and manufacturers.
- Speed networking: Short, intensive networking sessions to promote new collaborations.
- International speakers: A diverse programme that guarantees a broad knowledge base experts.thanks to international

3. Diversity & inclusion

- International integration: Integration of experts from different cultural backgrounds.
- Accessibility: selection of accessible venues and use of suitable equipment
- Communication tools to participation for people with disabilitiesfacilitate .

- Age diversity: Addressing students, young professionals and experienced experts alike.
 - Low-threshold programmes: Formats that also interested parties with no include prior musical knowledge.
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• 4. sustainability & venue

- Ecologically sensible locations: Select venues with good public transport connections and ideally close to gong manufacturers or retailers.
 - Local co-operation: Collaboration with regional partners to transport routes and create a practical environment.
 - Digital implementation: Use of paperless programmes and live streaming to the ecological minimise footprint and enable .international participation
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5. Security guidelines & coordination with authorities

- Early coordination: clarification of fire protection, volume limits and other safety requirements with the local authorities.
 - Special sound events: For events such as a "Gong Puja", consultation is with the police and security authorities advisable.
 - Technical regulations: Ensuring that all instruments and technical equipment comply with the applicable standards.
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6. Financing & Sponsoring

- Transparency: No exclusive sponsorship agreements in order to preserve character of the symposium.the professional
 - Funding: Submission of applications to European educational and cultural institutions.
 - Co-operations: Involvement of foundations and public institutions that support sound education.
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7. Public relations & digital distribution

- Multi-channel promotion: Promotion via social media, trade press, newsletters and networks of music and educational institutions.
- Co-operation with institutions: Cooperation with professional associations, universities and international partners.

- Digital integration: Live streaming of all presentations and workshops as well as digital documentation for long-term archiving and to integrate international participants.
- Mobile app & AI: A specially developed app supports participants with programme information, digital translations (AI-supported) and interactive elements.

8. Recommended framework and procedure

Duration:

The symposium extends over a total of four calendar days - three days of events with a programme and a final morning to round off the day together.

Day 1 - Arrival and opening:

- Arrival: Participants arrive in the morning or early afternoon
- Opening programme:
 - Official welcome and presentation of the objectives, guidelines and programme.
 - Opening lecture by a renowned specialist speaker.
 - Dinner together: An informal get-together in a relaxed atmosphere.
- Evening concept: Inspiring sound demonstrations or a public concert.

Day 2 - Intensive programme and sound meditation:

- All-day programme:
 - Lectures, panel discussions and interactive workshops on theoretical and practical aspects of sound education.
 - At the same time, digital content will be made available via an app, including AI-supported translations to facilitate access for international participants
- Evening programme: Joint, guided sound meditation that space for creates relaxation

Day 3 - Deepening and "Long Night of the Gongs":

- All-day programme:
 - Continuation of workshops and lectures, in-depth practical sessions and interactive networking sessions.
 - Early evening - closing event:
 - Summary of the results and presentation of future steps.
 - Joint dinner that promotes the exchange of expertise.
- Long Night of the Gongs:

A comprehensive, sound event in which various gongs and sound instruments

played throughout the night - as a collective experience. The participants lie on comfortable mats with blankets and spend the night in sound and vibration.

Day 4 - Farewell breakfast:

- Breakfast : togetherAn informal finale where participants can exchange ideas and say goodbye.

9. Summary & Recommendation

The International Gong Symposium "Sound and Gongs in Cultural and Health Education" offers a sustainable, interdisciplinary platform for the exchange of research, teaching and practice in the field of sound education. The event is characterised by:

- International and interdisciplinary orientation: A varied programme with internationally renowned speakers and diverse formats.
- Diverse event formats: Combination of lectures, interactive workshops, live demonstrations and special networking sessions.
- Diversity and inclusion: Barrier-free, inclusive programmes that involve from different cultural and age-related backgrounds.participants
- Sustainability and ecological implementation: selection of environmentally friendly venues, digital programmes and live streaming to minimise the ecological footprint.
- Clear safety and financing strategies: Early coordination with authorities and transparent funding concepts.
- Digital integration: Use of a mobile app with AI-supported translations to facilitate access for international participants and interactive elements.offer

Recommendation

The organisation of the symposium should build on this blueprint in order to establish a professional, future-oriented and globally networked format. Thanks to its clear structure and integrative approach, the symposium will provide lasting impetus for sound education in cultural and health education and create long-term added value for all participants.

Next steps in implementation:

Once the blueprint has been created, the next steps are essential in order to put the concept into practice. Below you will find a detailed overview of the next steps:

The symposium is intended to

- Ensure diversity and inclusion - both in terms of topics, speakers and the audience.
- Consider ecological and logistical sustainability, in particular through choice of location, travel planning and provision of materials.
- Be neutral and scientifically sound to a professional exchange.
- Be international and interdisciplinary to bring together from different fields.

1. Detailed project planning:

- Creation of a comprehensive schedule and timetable covering phases of the event (preparation, realisation, follow-up).
- Definition of milestones and responsibilities within the organisational team.

2. Form :an organisation and coordination team

- Putting together an interdisciplinary team to take care of logistics, communication and technical realisation.
- Clarification of roles and responsibilities to ensure a smooth process.

3. Financing and resource planning:

- Preparation of a detailed budget including costs for the event location, technology, catering, travel expenses, digital infrastructure and personnel.
- Identifying and applying for funding and acquiring sponsors, while maintaining transparency and independence.

4. Secure :partnerships and co-operations

- Establishing contact with local and international partners (e.g. educational institutions, sound producers, cultural institutions) in order to utilise synergies.
- Conclusion of cooperation agreements that mutual support and promote long-term networking.

5. Selection and booking of the venue:

- Identification of suitable venues with good public transport connections, accessibility and ideally close to relevant regional players (e.. gong manufacturers).
- Planning the room layout in order to optimally integrate (lectures, workshops, sound performances).different event formats

6. Digitalisation and technical infrastructure:

- Development or adaptation of a mobile app that provides with information, programme, AI-supported translations and interactive elements.participants
- Setting up the technical equipment for live streaming, recording and digital communication.

7. Programme and speaker planning:

- Detailed preparation of the symposium programme, including scheduling for lectures, workshops, sound performances and networking sessions.
- Invitation and confirmation of international and local experts as speakers, moderators and workshop leaders.

8. Marketing and public relations:

- Development of a communication strategy to specifically address the target groups via social media, trade press, newsletters and networks of music and educational institutions.
- Establishment of an online presence (e.. a dedicated symposium website) on which all relevant information, registration forms and digital content made available.are

9. Logistics and organisational details:

- Planning of travel, accommodation, catering and transfer options for all participants.
- Coordinating safety measures, liaising with local authorities and ensuring compliance with all technical and regulatory requirements.

10. Implementation of evaluation and feedback mechanisms:

Set up digital feedback tools (via the app) and evaluation units during and after the symposium to measure the quality and effectiveness of the programme and optimise future events.

These next steps build on the blueprint and are crucial to realising the International Gong Symposium "Sound and Gongs in Cultural and Health Education" in a professional, sustainable and inclusive way.

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